About Protective Behaviours

Our organisation’s aim is:

- To protect children and young people because we cannot be with them every minute of the day.
- To give children and adults permission to talk about problem or difficult situations they face.
- To empower people with the right to feel safe and act to keep themselves safe.
- To recognise that the majority of children who are abused are abused by someone known to them.
- To provide a safe way of talking about the specific areas of child abuse and domestic violence.

Protective Behaviours can provide the basis for helping children to be safe at school and address problems such as bullying. It can also help everyone learn to stay safe from the risks that surround us in everyday life. Many members of the community who work with families and children find training in Protective Behaviours a valuable resource.
### ACTIVITY SHEET 1

The Activity Sheet has a lot of different pieces of technology on it. You might discuss with children:
- What are the different types of technology in the picture?
- Which one’s do we use at our place/school?

On the Activity sheet it says: “We all have the right to feel safe all of the time”.
- What does safe feel like?
- How do we know when we are feeling safe?

In the story Will and Drew love all types of technology. You might discuss with children:
- What types of technology do you love most? Why?
- What types of technology do your friends like most? Why?
- Are there types of technology you don’t like at all? Why?

You might also discuss our rights and responsibilities related to technology.

### ACTIVITY SHEET 2

The Activity Sheet shows Drew using technology to present a talk at school. You might discuss with children:
- How do you use technology to support the things you do at school/home?
- What is your favourite topic? Draw your own presentation on the Interactive White Board (IWB).
- What do you think technology will be like in 5 years time?
- What technology would you really find helpful that you would like someone to invent?

### ACTIVITY SHEET 3

The Activity Sheet shows Will using technology to create his favourite pocket monsters. You might discuss with children:
- What is your favourite ‘thing’ at the moment?
- Draw two new things you would like to create.

### ACTIVITY SHEET 4

The Activity Sheet shows some current games people like to play. You might discuss with children:
- What is your favourite game at the moment?
- What do you like about it?
- Is it always safe for someone to play the popular games? Why? Why not?
- Do you think it is safe for someone three years younger than you to play the popular games?
- Draw a part of your favourite game at the moment on the screen.
ACTIVITY SHEET 5

The Activity Sheet shows people with speech-boxes.
In the story Drew and Will wanted to set up their laptop as a server for a game they liked. Some people thought this was a great idea while others thought it was too risky and might be unsafe. You might discuss with children:
- What are some things you or your friends really want to do online that other people think is too risky or unsafe?
- Write the things different people might say — the positive and the negatives.
- Why do you think people think it is a good idea?
- Why do you think some people might think it is an unsafe idea?

ACTIVITY SHEET 6

The Activity Sheet shows some steps in making a plan, working out the pluses (positives), the minuses (negatives) and steps we can take that work out ways to overcome the minuses (negatives). You might discuss with children:
- Choose something you or your friends really want to do online, or an interactive game that asks people to look for things outside the house.
- Write the great things that about this idea — the pluses (positives).
- Write the risky/unsafe things that about this idea — the minuses (negatives).
- Write some steps for a safe plan — make sure there are ways to overcome the risky/unsafe things.
- It is best to work out this plan with an adult in the family or your teacher at school.

ACTIVITY SHEET 7

In the story, people talk about some unsafe things that happen when using technology. You might discuss with children:
- What happened to Will and Drew when they were playing an online game that made them feel a bit unsafe? (For example, someone asking Drew for their password, someone taking their things and being nasty about it; the friend who wrote something inappropriate on the social networking site and was visited by the police, Aunt Cath was worried about who might get access to personal information if the laptop was a server that others could access).

In the story someone kept asking for personal information and turned nasty when Drew said he was not allowed to share it. Aunt Cath talked about her Early Warning Signs. These are physical sensations such as sweaty palms, tight chest, wobbly knees, feeling light-headed. You might discuss with children:
- What Early Warning Signs might Drew have had when the person kept asking for his password?
- What Early Warning Signs might Drew have had when the person typed some really nasty things?
- What Early Warning Signs might people have when they are feeling scared, worried and unsafe?
- What are your Early Warning Signs? Draw/write them on the activity sheet.

When we have Early Warning Signs we need to talk with people on our network until we feel safe again.

ACTIVITY SHEET 8

In the story, Aunt Cath used her safety network to find out safe ways to set up a laptop as a server. A safety network can help us to feel safe, and to be safe. In the story Drew and Will and Aunt Cath used their personal safety networks. The people on their networks understood Will and Drew and their passion for technology, they wanted to help them stay safe, they helped them to work out the risks, they came up with ways for them to feel safe and be safe.

Activity Sheet has 5 monitors for people to write their personal safety network. You might discuss with children:
- What qualities does a safe network person have?
- On the Centre monitor, list all the people in your house you would like on your safety network.
- On each of the other monitors write four other people not living in your house who you would like on your safety network.
- Tell all the people you listed that you would like them to be on your personal safety network.
We all have the right to feel safe all of the time

FEELING SAFE
BEING SAFE
ACTIVITY SHEET 2: Colour in the picture and write your own presentation title on the board
ACTIVITY SHEET 3: Colour in the picture and create your own creatures
ACTIVITY SHEET 4: Colour in the picture and draw your own game creation
ACTIVITY SHEET 5: Colour in the picture and write what people might say if someone wanted to do something online that was risky.
ACTIVITY SHEET 7: Colour in the picture and write some Early Warning Signs
ACTIVITY SHEET 8: Networking - write YOUR network on the computer screens